

1 性別年齢別・身長・体重・座高の平均値 (岡山県：男)

区分	年度	幼稚園	小学校						中学校			高等学校		
		5歳	6	7	8	9	10	11	12	13	14	15	16	17
身長 (cm)	40	108.3	113.3	119.0	124.4	129.1	133.6	138.8	144.7	151.7	158.2	163.6	165.6	166.6
	50	109.0	115.0	120.5	125.7	131.4	136.2	141.2	148.4	155.4	162.0	166.2	167.8	168.7
	60	110.0	116.4	122.2	127.4	132.2	137.5	143.1	149.2	157.1	163.1	166.7	169.0	169.1
	7	110.3	116.5	122.3	127.8	133.0	138.9	144.3	151.6	158.4	164.8	167.4	169.5	170.8
	17	110.3	116.4	122.1	127.7	133.0	139.0	144.7	152.2	158.4	165.1	167.7	169.7	170.1
	19	110.1	116.3	122.3	128.1	133.4	138.7	145.1	152.8	159.3	164.7	167.3	169.5	169.8
	20	110.9	116.3	122.2	127.6	133.3	138.5	144.6	151.5	159.2	164.8	167.5	169.0	170.4
	21	110.3	116.7	122.4	128.1	133.1	138.1	144.0	152.3	159.8	164.8	167.7	169.2	170.1
全国	21	110.7	116.7	122.6	128.3	133.6	138.9	145.1	152.5	159.7	165.2	168.5	169.9	170.8

体重 (kg)	40	17.9	19.4	21.6	24.1	26.4	29.0	32.2	36.1	41.5	46.9	51.9	54.7	56.9
	50	18.2	20.3	22.5	25.0	28.1	31.2	34.4	39.5	45.0	50.4	55.1	57.4	58.5
	60	18.8	20.8	23.5	25.9	29.3	32.4	36.3	40.4	46.4	51.9	57.1	59.1	60.5
	7	19.0	21.4	24.1	27.1	30.0	34.2	38.0	43.4	49.0	54.3	58.3	61.2	63.4
	17	18.9	21.4	24.2	26.9	29.8	34.4	38.9	44.4	48.7	55.4	59.0	61.9	62.6
	19	18.6	21.0	24.0	27.2	30.2	34.7	38.6	44.5	49.3	54.2	59.0	60.9	63.1
	20	18.9	21.3	24.1	27.0	30.4	34.3	38.3	43.7	49.6	55.0	59.0	60.7	64.4
	21	18.8	21.3	24.2	26.7	30.2	33.6	37.0	43.2	49.3	54.2	58.9	60.8	62.9
全国	21	19.0	21.5	24.1	27.2	30.6	34.2	38.4	44.2	49.1	54.3	59.5	61.3	63.1

座高 (cm)	40	61.6	64.2	66.8	69.3	71.4	73.3	75.4	78.0	81.6	85.2	88.5	89.6	90.2
	50	61.8	64.6	67.1	69.5	71.8	73.9	76.0	79.3	82.9	86.1	88.9	89.9	90.4
	60	62.3	65.3	67.9	70.2	72.1	74.4	76.9	79.5	83.6	86.5	89.3	90.7	90.7
	7	62.0	65.1	67.7	70.2	72.6	75.2	77.4	80.8	84.2	87.7	89.5	90.7	91.1
	17	61.8	64.8	67.6	70.1	72.5	75.1	77.7	81.2	84.0	87.9	89.9	91.3	91.5
	19	61.6	64.6	67.6	70.4	72.6	75.0	77.9	81.5	84.7	87.7	89.9	90.8	91.5
	20	62.0	64.7	67.5	70.1	72.5	75.0	77.5	80.8	84.7	88.1	89.9	90.9	91.7
	21	61.8	64.8	67.7	70.3	72.5	74.6	77.1	81.1	85.0	87.9	89.8	91.1	91.6
全国	21	61.9	64.9	67.7	70.3	72.7	75.0	77.6	81.3	84.9	88.1	90.3	91.2	91.8

注)年齢は、4月1日現在の満年齢である。

2 性別年齢別・身長・体重・座高の平均値 (岡山県：女)

区分	年度	幼稚園	小学校					中学校			高等学校			
		5歳	6	7	8	9	10	11	12	13	14	15	16	17
身長 (cm)	40	107.2	112.4	117.9	123.2	128.5	134.2	140.6	146.6	150.5	152.7	154.0	154.3	154.6
	50	108.2	114.3	119.9	125.3	131.2	137.4	143.7	149.4	153.0	154.7	155.5	156.1	156.3
	60	109.2	115.5	121.2	126.6	131.8	138.4	144.9	150.5	154.1	155.9	156.1	157.0	156.9
	7	109.3	116.0	121.3	127.0	133.5	139.8	146.3	151.6	154.7	156.4	156.7	157.5	157.7
	17	109.4	115.4	121.5	127.1	133.1	140.0	146.1	151.4	154.9	156.4	156.8	157.3	158.1
	19	109.1	115.8	121.1	127.2	133.2	139.5	146.7	151.9	154.5	156.5	157.1	157.4	157.3
	20	109.6	115.9	122.0	127.7	133.8	139.0	146.0	151.7	154.3	156.2	156.6	157.4	157.0
	21	109.9	115.6	121.2	126.8	133.5	139.8	146.7	151.7	154.4	156.2	156.9	157.0	157.4
全国	21	109.9	115.8	121.7	127.5	133.5	140.3	146.9	151.9	154.9	156.7	157.3	157.7	157.9

体重 (kg)	40	17.4	18.9	21.0	23.4	26.0	29.2	33.5	38.7	43.0	46.2	48.3	50.2	50.8
	50	17.8	19.8	22.1	24.7	27.8	31.7	35.8	41.4	45.5	48.2	50.2	51.7	52.3
	60	18.3	20.5	22.8	25.7	28.5	32.5	36.9	42.4	46.8	49.4	51.3	52.6	52.1
	7	18.4	21.3	23.7	26.3	30.0	34.4	39.1	44.3	47.6	50.3	51.8	52.6	53.8
	17	18.4	20.8	23.3	26.3	29.9	34.2	38.2	43.4	47.6	50.4	52.4	53.0	53.8
	19	18.3	21.1	23.2	26.3	29.9	33.7	39.4	44.4	46.8	49.8	52.8	53.0	52.8
	20	18.5	21.1	23.7	26.6	30.1	33.9	38.5	43.8	47.4	49.9	51.1	53.0	52.4
	21	18.6	20.9	23.3	26.0	29.7	33.8	39.0	43.5	47.2	49.5	51.4	52.8	53.1
全国	21	18.6	21.0	23.5	26.5	30.0	34.1	39.0	43.8	47.3	50.2	51.6	52.8	52.9

座高 (cm)	40	61.0	63.5	66.3	68.7	71.2	73.8	76.9	80.1	82.6	84.0	84.9	85.3	85.5
	50	61.4	64.1	66.6	69.0	71.6	74.7	77.8	81.0	82.8	83.9	84.6	85.0	85.1
	60	61.9	64.8	67.2	69.9	72.1	75.0	78.3	81.4	83.4	84.4	85.1	85.6	85.2
	7	61.5	64.8	67.4	70.0	72.9	76.1	79.1	81.9	83.6	84.5	85.2	85.4	85.4
	17	61.3	64.3	67.2	69.9	72.6	76.0	78.9	81.9	83.7	84.7	85.4	85.6	85.8
	19	61.2	64.8	67.3	70.1	72.6	75.7	79.5	82.2	83.6	84.7	85.6	85.8	85.6
	20	61.4	64.5	67.5	70.2	73.0	75.6	78.9	82.2	83.5	84.6	85.4	85.5	85.2
	21	61.5	64.4	67.1	69.7	72.7	75.8	79.3	81.9	83.5	84.5	85.3	85.3	85.6
全国	21	61.5	64.5	67.3	70.0	72.7	75.9	79.3	82.1	83.7	84.8	85.3	85.6	85.7