

**Novel Coronavirus  
Request from Okayama  
Prefecture to Prevent Infection  
During the Summer Period**

We request your understanding and cooperation  
in continuing daily life and socioeconomic  
activities while preventing the spread of infection.

**July 22, 2022**

# Request to the citizens of Okayama



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using an air

- Be thorough in avoiding the 3 C's (closed spaces, crowding, and close contact).
  - ★ Be particularly aware of the ventilation, such as regularly replacing the air even when using an air conditioner.
- Adhere to the Mask Code (see page 2).
  - ★ In order to prevent heat stroke, is not necessary to wear a mask outside when not having a conversation or when adequate distance (about 2 meters) can be maintained.
- If your condition begins to worsen even slightly (fever, throat pain, coughing, etc.), refrain from going out, returning home, or traveling, and undergo a medical examination at your local clinic or medical institution.
- Limit the number of people you dine with, keep the time together short, and refrain from raising your voice as much as possible. When eating out, use restaurants that thoroughly enforce infection prevention measures such as Third Party-Verified Okayama Restaurant Infection Countermeasure Businesses (see page 4).
- Promptly receive the vaccine as it has been recognized as preventing the incidence and severity of symptoms.
  - ★ In particular, the prefecture requests a third dose for younger persons and a fourth dose for persons over 60 or those with a preexisting condition.
  - ★ When returning home, traveling, or attending an event, be sure to receive the vaccination or confirm a negative test result beforehand.

## Rules for Considering Others: The Mask Code

### ○ Wearing your mask correctly

Fit the mask snugly on your face.

It has been found that non-woven fabrics are better at preventing infection than cloth or urethane.

### ○ Wearing a mask while conversing

Be careful when on break as this is when people tend to pay less attention to their masks.

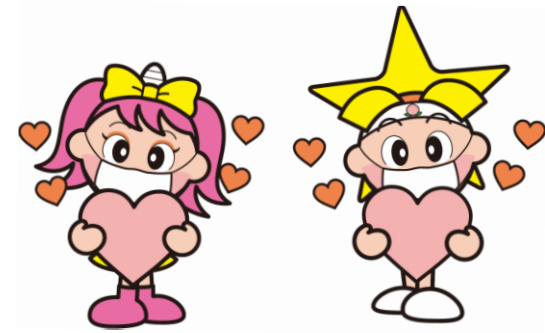
**Case 1** Infection spreads when you take off your mask to chat in a changing or smoking room.

### ○ If you need to talk while eating be sure to wear a mask

Be sure to wear a mask when talking to others.

Be sure to remain silent while eating and drinking.

**Case 2** Infection occurs in everyone when the children return from outside the prefecture and dine with the family.



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**Avoid heat stroke by removing your mask when at least 2 meters away outdoors!**



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# Request to the Business Owners of Okayama

- Adhere to the industry-specific guidelines (requested per article 24 clause 9 of the Special Measures Law).
- Practice infection prevention in the workplace (hand washing and disinfection, coughing etiquette, maintaining distance between coworkers, strict adherence to workplace ventilation, disinfection of areas touched by multiple people, remote meetings, taking lunch breaks at different times, countermeasures in employee dorms and other group housing) and avoid the 3 C's.  
Pay particularly close attention to the changing of positions in the workplace (break room, changing room, smoking room, etc.) and places where mixing of workers is anticipated.
- Using “Effective Ventilation to Prevent the Spread of Infection” (Governmental Novel Coronavirus Countermeasure Subcommittee) as a guide, enforce ventilation such as by regularly replacing the air even when using an air conditioner.
- Adhere to and spread awareness of the Mask Code.
- While remaining thorough in daily employee health management, if an employee is feeling unwell, encourage them to undergo a diagnosis at their local doctor’s office instead of coming to work.
- Promote initiatives that reduce contact with others such as working from home (telework) and coming to work at different times.
- Work towards a creating an environment in which employees can be at ease when getting vaccinated such as by introducing vaccine holidays.

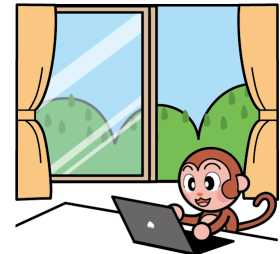
# Request to the Business Owners of Okayama

## ● For Business Owners in the Entertainment Industry

- Avoid the 3 C's and enforce ventilation where customers are.
- The prefecture also request you call for customers to disinfect their hands and wear a mask.

## ● For Those in the Restaurant Business

- The prefecture requests you work towards receiving authentication as a Third Party-Verified Business.



### **Third Party-Verified Okayama Restaurant Infection Countermeasure Businesses**

This is a system to authenticate stores that conform to set criteria upon examining the restaurant or café's infection countermeasures.

◇ Call Center: 086-222-5611 (Weekdays 9:00 a.m. – 5:00 p.m.)