

Okayama Prefecture: Autumn Rebound Prevention Period

- ① **Implementation Period:** Friday, October 1st – Sunday, October 31st
- ② **Area of Implementation:** All Areas of Okayama Prefecture

● Measures for Prefectural Residents

- Abiding by the 3 “Okayama Rules” and “Mask Code”
- Avoiding crowded areas as well as visiting places during rush hour when going out
- Only visiting restaurant establishments verified by the Okayama Prefecture Restaurant Disease Control Measures Third Party Certification System and restaurants that thoroughly follow prevention measures.
- Avoiding large numbers of participants, limiting the length of events to 2 hours or less, and following the dining mask code when taking part in dinner parties (including outdoor barbecues)
- Avoiding high-risk behavior such as drinking in groups at parks, having outdoor barbecues in large groups and going to karaoke
- Refraining from showing up to work or attending school, and getting examined by a doctor in the case that you have even the slightest symptoms
- Thoroughly taking part in the “New Lifestyle”
- Vaccinations have proved to prevent infections, pathogeny and severe illness, so please consider getting vaccinated if you haven’t already.



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Okayama Prefecture Autumn Rebound Prevention Period The 3 “Okayama Rules”



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★ Continue to avoid the **3** C's, thoroughly wash your hands and ventilate.

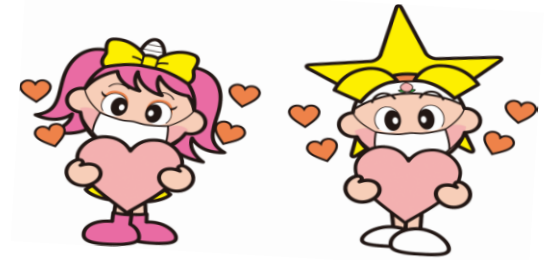
★ Refrain from taking unessential trips to other prefectures. In the case that you must travel to another prefecture, carefully reconsider whether or not you should go. Be sure to manage your health for **2** weeks before and after your trip.

★ The use of just **1** mask will protect you as well as your loved ones.

Protect Each Other! Move Closer to **0** Infection Risk!

Rules in Consideration for Others: "Mask Code"

~Protect each other, protect your precious families,
protect the workers of the prefecture.
Spread that kindness to the workers in the medical field as well~



○ When chatting: "masked chatting"

People have a tendency to let their guard down while on break, so be sure to pay extra attention during such times.

Case① Infections occurring from chats had while in the dressing room or at the smoking area

○ When eating: "masked meals"

Only remove your mask when eating or drinking, including outdoor meals.

Case② Meeting up with 5 friends and their families for a barbecue, resulting in all members getting infected

○ Masking up at home

Do this for two weeks in the case that you are residing with family that has visited or has come from areas with high infection rates. Continue this for at least two weeks.

Case③ College students visiting home from areas with high infection rates, resulting in their parents and grandparents getting infected

○ The Correct Way to Wear a Mask

Find a mask that firmly fits the shape of your face with out leaving any open spaces. It has been shown that masks made from non-woven materials, such as cloth or urethane, are more effective for disease prevention.