



A trip you can't wait to share
A journey to Mimasaka

#Hiruzen skyline #Vitis coignetiae wine
#Jersey milk soft-serve #Maniwa City

Hiruzen Highlands

#ShareTripMimasaka



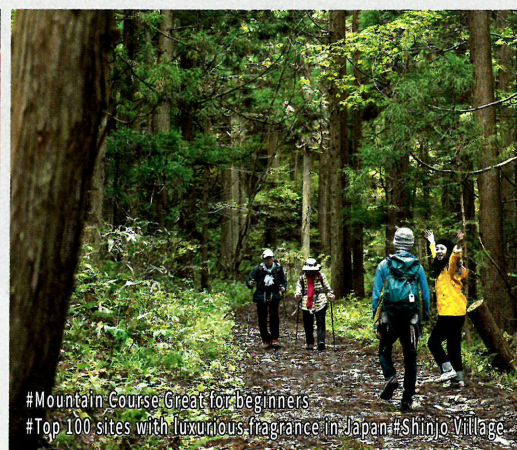
#Japan's top 100 cherry blossoms #Pink see of clouds
#Cherry blossom illumination #Tsuyama City

Kakuzan Park



#Traditional arts #From Edo period to today
#Experience True Japan chic #Nagi Town

Yokozen Kabuki



#Mountain Course: Great for beginners
#Top 100 sites with luxurious fragrance in Japan #Shinjo Village

Mt. Kenashi



#Pick of the season #Eating around the firepit
#Country living experience #Kumenan Town

Sonoda Farm



#Oldest wooden structure in Okayama
#Three-story pagoda #Vivid scarlet lacquer! #Mimasaka City

Mimasaka Chofukuji Temple



#700 meters up #Center of nature
#Natural hot spring #Kagaminotown

Notoro Onsen

Craft Experience

#Manufacturing



Techniques passed down,
Techniques carried on.

Coaster Making

Tsuyama City

2 ~ 30 person



#Ancient art today #Learning historical crafts
#Spiffing up my usual glass #Tsuyama City

Learn the traditional Okayama craft of hand-weaving Sakushu Kasuri cloth, and experience the heartwarming joy of hand crafting!

Fee 1 person ¥1,500~¥3,800 (Children ¥1,000~¥3,500)

40 min ~ 1 hour ➡ Reservation required (3 days in advance)

Sakushu Kasuri Preservation Society ☎ 0868-23-0811
<http://plus.harenet.ne.jp/~kasuri/>

Cypress Stole Dyeing

Mimasaka City

2 ~ 7 person



#That refreshing cypress smell #My original
#Creator watering hole #Mimasaka City

Make your very own stole with a bold, modern design using dye extracted from steamed cypress bark harvested from the hills of the Mimasaka region. Makes the perfect present!

Fee 1 person ¥5,000~¥6,000

3.5 hours ➡ Reservation required (1 week in advance)

Nanbatei ☎ 080-4702-8622
<https://www.airbnb.jp/experiences/264432>

Scarf Hand Weaving

Misaki Town

2 ~ 10 person



#Repurposed elementary school #Little crafting village
#Thinking about my "second life" #Misaki Town

A former elementary school nestled in the mountains has been repurposed as a workshop where you can try wood crafting and weaving. Delight in handcrafting surrounded by verdant green.

Fee 1 person ¥4,000 Materials charged separately (Approx. ¥1,000)

3 hours ➡ Reservation required (1 week in advance)
※Closed in winter (December to March) (Closed until May 2019)

Arts & Crafts Village ☎ 090-3881-3846
<http://arts-craftsvillage.com/>

Washi Papermaking

Tsuyama City

5 ~ 30 person



#Traditional crafts #Mimasaka paper bush
#Only one in Japan #Japanese paper factory #Tsuyama City

Fee 1 sheet ¥650~

3~5 min ➡ Reservation required (1 week in advance)
※Pick up dried paper directly or have it delivered (fee applies)
Workshop held every Saturday.

Ueda Handmade Washi Paper Factory

☎ 0868-27-0960

<https://www.city.tsuyama.lg.jp/city/index2.php?id=1744>

Bengala Dyeing

Maniwa City

3 ~ 15 person



#Natural plant dyes #Katsuyama town
#Colorful curtain art #Maniwa City

Let us help you make your very own dyed cloth!
Children welcome.

Fee 1 person ¥3,500~¥5,000

30~90 min ➡ Reservation required (1 week in advance)
※Choose your material: handkerchief, hand cloth, scarf.

Studio Hinoki ☎ 0867-44-2013

<https://hinoki.exblog.jp/>

Glass Blowing

Kagamino Town

2 person



#Sparkling glass #Blowing life into glass
#Made just for you #Kagamino Town

Fee 1 person ¥3,150~

30 min ➡ Reservations prioritized
※Schedule: Saturdays, Sundays, public holidays.
※Participation without reservation based on availability.

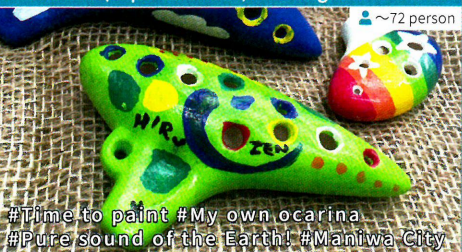
Yoseinomori Glass Museum ☎ 0868-44-7888

<https://fairwood.jp/>

Ocarina (Japanese flute) Painting

Maniwa City

~72 person



#Time to paint #My own ocarina
#Pure sound of the Earth! #Maniwa City

Fee 1 person ¥750~

30~90 min ➡ No reservation required

Hiruzen Kogen Center ☎ 0867-66-3600

<http://www.hkcenter.co.jp/>

Bizen Pottery Pottery making

Tsuyama City



#Feeling like a potter #Just one in the world
#Making my own treasure #Tsuyama City

Everyone from children to the elderly can learn a wide variety of authentic pottery skills in a warm friendly environment.

Fee 1 person ¥1,230 (Children high school and younger free)

2~3 hours
※Works provided at a later date after firing (from ¥920)

Shoboku Pottery Workshop ☎ 0868-29-4010

<https://www.city.tsuyama.lg.jp/life/index2.php?id=1283>

Mosaic Glass Crafting

Maniwa City

~10 person



#One of a kind #Glass crafting
#Playing with light #Maniwa City

Create mosaic glass art with a master artisan to embody the memories of your trip.

Fee 1 person ¥1,500~¥3,000

30~60 min ➡ Reservation required (1 day in advance)

Toyomoto Glass Workshop ☎ 090-4655-6392

<http://www1.odn.ne.jp/glass-toyomoto/>

Miniature Wood Crafting

Nagi Town

~10 person



#Playtime #Crafting
#Heartwarming wood toys #Nagi Town

Space features a workshop, shop and classroom.
Please call ahead to make sure we're open.

Fee 1 person ¥500~¥1,000

20 min ➡ No reservation required
※Visiting workshops available, For participants 3 years and older.

Wood Art-Toy Works Kosuke ☎ 090-7992-2027

<https://www4.hp-ez.com/hp/wwk/page1/>

Ouko Pottery, Hand-shaped, Potter's Wheel

Misaki Town

4 ~ 20 person



#Spinning the potter's wheel #The joy of creation #Made with pride
#Something extra to everyday #Misaki Town

Try your hand at Ouko pottery, which uses a glaze of sakura tree ash while taking in the lush beauty of Miyasumi Park.
Friendly instructors ensure that even beginners can enjoy their experience.

Fee 1 person ¥2,100~¥2,500 Additional charge for extra clay
1~2 hours ➡ Reservation required (1 day in advance)

※Pieces can be delivered COD after firing in kiln (overseas delivery not available)

Miyasumi Park Folk Tales Village ☎ 0867-27-3112

<https://www.town.misaki.okayama.jp/map/1840.html>



People who make delicious food.
People who enjoy delicious food.

Fresh Tofu Making

Tsuyama City

10 ~ 20 person



#So soft #So smooth
#Enjoying my very own tofu #Tsuyama City

Make soft yose tofu yourself using Mimasaka soy milk and brine from the Seto Inland Sea. Taste delicious tofu you make yourself!

Fee 1 person ¥1,000 ~ ¥3,000

1 hour Reservation required (1 week in advance) *Materials charged separately

Hayase Shokuhin, Tsuyama-joto Tofu Chaya Hayase Tofu Shop
0868-35-3239
<http://www.hayase-tofu.com/>

Blueberry Picking

Maniwa City

~50 person (Per hour)



#Sweet & sour #Pesticide free
#Smiling with blue teeth! #Maniwa City

Visit a blueberry farm with one of the best views in Hiruzen. A luxurious glamping style camp site is also available in the area.

Fee 1 person ¥700 (Elementary school ¥300, Preschool free)

No time limit Reservation required (1 day in advance)
*Schedule: Late June to mid-September

Hiruzen Highlands Cultivate-Garden Blueberry Farm
090-1682-3087
<https://cultivategarden201.wixsite.com/cultivate-garden/>

My Shichimi Pepper Making

Kagamino Town

~30 person



#Spicy princess peppers
#My very own blend #Kagamino Town

Fee 1 person ¥300

5~10 min Reservation required for groups of 10 or more (1 week in advance)

NPO Tecchiriko 0868-52-2225
<http://www.mto.ne.jp/n.p.o/>

Strawberry Picking (Sachinoka)

Tsuyama City

~60 person



#Try a sweet strawberry? #Tsuyama City

Mahora Farms works daily to grow safe, delicious produce and create more lovers of agriculture. Come down to the farm!

Fee 1 person ¥1,600 (3 to 9 years old ¥900)

1 hour Reservation required *Schedule: February to May

Mahora Farm 080-6335-6540
<http://mahora.e-tsuyama.com/>

Easy Tea Ceremony

Shoo Town

~10 person



#Going back in time
#Learning etiquette #Shoo Town

Fee 1 person ¥2,000

1 hour Reservation required (1 day in advance)

Tsuyama Kimono School 090-1013-4703
<http://soubijuku.jp/>

Roasted Rice Tea Making

Mimasaka City

5 ~ 80 person



#Mimasaka tea #Leafy green tea farm
#Love making tea #Mimasaka City

Personally blend roasted rice with tea leaves roasted right on the farm to make your very own tea to take home as a souvenir.

Fee 1 person ¥648

15 min Reservation required (1 week in advance)
*Held at the factory (2156-1 Kose, Mimasaka-shi)

Kobayashi Houkouen 0868-72-0350
<http://www.ocha-mimasaka.com/>

My Tofu Lunch Making

Misaki Town

4 ~ 30 person



#Making my own lunch
#Tanada, Terraced rice paddies, no Ageya #Misaki Town

Delight in a healthy lunch set that includes local vegetables, Tanada rice, and tofu you made yourself fried right on the spot, a treat you can find nowhere else.

Fee 1 person ¥2,000

90~120 min Reservation required (2 days in advance)

Yamakko Workshop 080-5236-3303
http://plus.harenet.ne.jp/~yasudai/99_blank001.html

Beekeeping, Honey Harvesting

Kagamino Town

20 ~ 40 person



#Fresh honey
#How does it taste? #Kagamino Town

Bring home a 50 g jar of honey you harvest yourself in the Honey Harvesting class.

Fee 1 person ¥1,030 each

1 hour Reservation required (1 week in advance) *Schedule: May to August

Yamada Bee Farm 0868-54-5515
<https://www.mitsubachi-nouen.com/>

Harvesting

Shoo Town

~50 person



#Playing all day #Northern Europe feeling
#Meeting Genki-kun the calf #Shoo Town

Fee 1 person Strawberries ¥1,700
(elementary school ¥1,400, Children 3 to 6 years old ¥800)

1 hour Reservation required (2 days in advance)
*Strawberries: Late November to May, Blueberries: July to September

Okayama Farmer's Market North Village
0868-38-1234
<http://www.alis-nv.com/>

Soba Noodle Making

Mimasaka City

1 pack (serves 3~30)



#Repurposed elementary school #Fun & easy
#Fresh noodle aroma #Delicious #Mimasaka City

Everyone from children to the elderly love the taste of noodles they make themselves.

Fee 1 pack ¥3,500 (serves about 5)

2 hours Reservation required (1 week in advance)

Green Service Fukuyama (Mountain School)
0868-75-7126
<http://qq974h29.wixsite.com/yamanogakkou/>

Hiruzen Jersey Milk Ice Cream Making

Maniwa City

3 person ~



#At the base of Mt Hiruzen/Sanza #Fresh Jersey milk
#Tastes best when I make it #Maniwa City

A highland resort where you can enjoy the spectacular beauty of all four seasons, fresh green spring, lush summer, colorful autumn and serene white winter.

Fee 1 set (serves 3 to 4) ¥1,500

1 hour Reservation required (by 16:00 one day in advance)
*Starts from 10:00 March to November (1 time a day)

Kyukamura Hiruzen-Kogen 0867-66-2501
<https://www.qkamura.or.jp/hiruzen/>

Nature Experiences

#Nature



Mimasaka, a treasure chest
of healing and nature.

Horse Riding (Instructor lead) Maniwa City



#Fully immersed in nature
#Riding my favorite horse #Maniwa City

Enjoy a soothing horse ride in the grand nature of Hiruzen.

Fee 1 person ¥1,300~¥1,840

🕒 5~6 min ➡ No reservation required
※Enjoy a horse ride with an instructor holding the reins.

Hiruzen Horse Park 📞 0867-66-5116
<http://www.hiruzenhp.com/>

Flower arrangement Experience of Ikebana Tsuyama City



#Staying in a farmhouse #Relaxing Experiencing Japan
#Picking mountain flowers #Tsuyama City

Learn Ikebana flower arrangement with the kind mother of the house who has studied for 40 years. Explore the surrounding forests on your own and gather your own flowers for arrangement.

Fee 1 person ¥3,500

🕒 3 hours ➡ Reservation required (1 week in advance)

UJITEI 📞 080-4702-8622
<https://www.facebook.com/ujitei/>

Rice Planting, Harvesting, Mochi Making Tsuyama City



#Traditional living workshops
#Country life #Tsuyama City

Enjoy planting rice amidst the clean air and water of the countryside, and pound the rice you harvest into mochi rice cakes you can eat on the spot, all while connecting with local people!

Fee 1 person ¥1,000 other

🕒 4~5 hours (Work & Lunch) Harvesting cancelled in bad weather ➡ Reservation required
※Rice planting (mid-May), rice harvesting (late September), mochi making (late November to early December)

NPO Smile Chiwa 📞 090-8996-4503
<https://smilechiwa2012npo.amebaownd.com/>

Hiruzen Cycling Tour Maniwa City

👤 For each guide ~8 person



#Feel the breeze of Hiruzen
#Encounter people and nature #Maniwa City

Feel the fresh breeze of the Hiruzen Highlands, surrounded by the Chugoku mountains, as you speed away on a sports bike!

Fee 1 person ¥1,000 ~ ¥4,000

🕒 1~4 hours ➡ Reservation required (by 17:00 one day in advance)
※Cold weather gear required in autumn and winter.
Comfortable clothing recommended. Backpack.

Hiruzen Cycling Service 📞 090-6439-9405
<https://hiruzencyclingservice.jimdofree.com/>

Forest Walk Maniwa City

👤 10 ~ 40 person



#Farming village resort #Thatched roof houses
#My dream country life #Maniwa City

In May, bark bracken harvesting, and peeling cedar and cypress trees.

Fee Instructor fee ¥10,000

🕒 1 hour ➡ Reservation required (1 month in advance)
※Schedule: April to November

Create Sugedani 📞 0867-56-2044
<http://www.sugedani.com/>

Amago Trout Catching Mimasaka City

👤 ~100 person



#Splish splash #Fresh fish
#Catching trout by hand #Mimasaka City

Genryu no Sato Ute cultivates safe-to-eat Amago trout on site, raised on antibiotic-free feed.

Fee 1 person ¥3,600 (Women, children ¥2,000)

🕒 No time limit ➡ No reservation required
※Rainbow trout and char released. Rental rods are available. Enjoy family BBQ.

Genryu no Sato Ute
Ute Fish Cultivation Center 📞 0868-77-2071
<http://www.city.mimasaka.lg.jp/kanko/miruasobu/kankosisetu/1507184004265.html>

River Trekking Maniwa City

👤 2 ~ 50 person



#Yamanori Valley #Nature's beauty
#Summer memories #Maniwa City

Explore a thrilling world of natural beauty.

Fee 1 person ¥2,500~¥7,000

🕒 2 hours 30 min ~ 6 hours ➡ Reservation required (by 23:00 two days in advance)
※Schedule: Late April to late October Helmet, life jacket rental fee applies

Hiruzen Tour Desk 📞 0867-67-2148
<https://hiruzenయాasobi.okoshi-yasu.com/>

Camping Experience Maniwa City

👤 ~25 person



#From Maniwa to the world #Finding the power of life
#Meeting guest families #Maniwa City

Experience life in the true satoyama countryside of Japan in the "Forest Hiroba" of the Forest of Haniwa.

Fee 1 person ¥5,000 (Students ¥4,000, Preschool ¥3,000)

🕒 1 Night 2 Days (Saturday 13:30 to Sunday 12:30)
➡ Reservation required (1 week in advance)
※Closed irregularly May to October (announced in May)

Forest of Haniwa 📞 080-8308-4536
<https://www.haniwanomori.com/>

Canoe Experience Kagamino Town



#Okutsu Lake #Beginners welcome!
#Feeling the bracing lake air #Kagamino Town

Fee One-person canoe ¥3,000 Two-person canoe ¥4,000

🕒 1 hour ➡ Reservation required (1 week in advance)
※Schedule: April 29 to October 31
※Must be 3rd grade or older to ride one-person canoe, 5 years or older to ride two-person (with adult)

Kagamino Tourism Study Group 📞 0868-54-7655
<https://satoyama.holiday/>

Fossil Excavation Experience Nagi Town

👤 ~100 person



#Look what I found! #Searching for treasures
#Returning to my childhood #Nagi Town

A museum where you can explore a 16-million-year-old rock stratum and discover real fossils.

Fee 1 person ¥200

🕒 1 hour ※Only available to museum patrons.
➡ Reservation required for groups of 20 or more (1 week in advance)

Nagi Vicarya Museum 📞 0868-36-3977
<http://www.town.nagi.okayama.jp/bikaria/>

Beekeeping school, Nature school Kagamino Town

👤 Beekeeping school 20~40 person, Nature school 10~20 person



#Learning about bees
#The importance of nature
#Teaching our children #Kagamino Town

The Yamada Bee Farm provides active outdoor touring that is fun for people of all ages. Learn about the importance of bees and the symbiotic web of life.

Fee 1 person ¥500 each

🕒 1 hour ~ 1 hour 30 min ➡ Reservation required (2 weeks in advance)
※Schedule: Nature school closed in winter

Yamada Bee Farm 📞 0868-54-5515
<https://www.mitsubachi-nouen.com/>



Dive into new experiences in Mimasaka!
A journey you cannot wait to share

#ShareTripMimasaka

Zazen Experience (Green tea served) Tsuyama City

👤 ~ 30 person



#The main defense of the Tsuyama clan #Reflecting on life
#Zazen meditation #Tsuyama City

After Zazen, you will be served green tea and wagashi sweets.

Fee 1 person ¥500~¥1,000

🕒 60~90min ➡️ Reservation required (1 day in advance)
※Held on days when there are no temple ceremonies. Long pants recommended.

Hongenji Temple 📞 0868-22-7351

Forest Therapy Experience Shinjo Village

👤 ~ 40 person



#Forest walking #Forest relaxation
#Mt. Kenashi Cradle Path #Shinjo Village

Walk along the "Mt. Kenashi Cradle Path," which can only be entered with a guide. Immerse yourself in the healing grandeur of the forest.

Fee 1 person ¥1,500 (Elementary school ¥500, Preschool Free)

🕒 2 hours ➡️ Reservation required (1 week in advance)
※Snowshoes provided in winter (hiking may not be possible based on path conditions)

Shinjo Village Forest Therapy Association 📞 0867-56-2628
<http://www.yurikagonokomichi.jp/>

Circuit Racing Experience Mimasaka City



#Thrilling drive
#Driving my dream car #Mimasaka City

Take your own car for a spin on the same circuit where Ayrton Senna once raced!

Fee 1 car ¥1,000~

🕒 Approx 10min ➡️ No reservation required
※ Not available on some days due to driving rules.
※ Only available to those permitted to drive in Japan. Car rental is not available.

Okayama International Circuit 📞 0868-74-3311
<http://www.okayama-international-circuit.jp/>

Samurai Experience Mimasaka City

👤 ~ 10 person



#Putting on the hakama #Feeling purified samurai #Mimasaka City

A samurai experience in Mimasaka City, the birthplace of the legendary Musashi Miyamoto! Don a traditional kimono and hakama, learn the manners of a samurai, and take a commemorative photo of this unforgettable experience of Japanese culture.

Fee 1 person ¥6,000~¥10,000

🕒 90min ➡️ Reservation required (1 week in advance) ※Held every Wednesday morning.

Okayama Yunogo Onsen Cooperative 📞 0868-72-2636
<https://spa-yunogo.or.jp/>

UJITEI Tsuyama City**Shimenawa Crafting**

Fee: ¥4,000

🕒 3 hours 🧑 2~6 person ➡ Reservation required (1 week in advance)

※Schedule: Winter (December - January)

📞 080-4702-8622

<https://www.airbnb.jp/experiences/336980>**Arts & Crafts Village Misaki Town****Indigo Dyeing**

Fee: ¥3,000

🕒 1~2 hours 🧑 2~10 person ➡ Reservation required (1 week in advance)

※Schedule: Closed in winter (December to March)

※Cost of materials not included (¥300~¥2,000)

Wood crafting (Cutlery crafting)

Fee: 3 hours ¥3,000 1 day ¥8,000

🕒 3 hours ~ 1 day ➡ Reservation required (1 week in advance)

※Schedule: Closed in winter (December to March)

※Closed until May 2019 ※Cost of materials not included.

📞 090-3881-3846

<http://arts-craftsvillage.com/>**Create Sugedani Maniwa City****Cypress clock making**

Fee: ¥500~¥800

🕒 45 min 🧑 5~20 person ➡ Reservation required (2 weeks in advance)

※Schedule: March to November

📞 0867-56-2044

<http://www.sugedani.com/>**Hiruzen Highlands Center Maniwa City****Jersey milk ice cream making**

Fee: ¥600

🕒 40~60 min 🧑 2~60 person ➡ No reservation required

Suiton totem painting

Fee: ¥800

🕒 30 min ~ 🧑 ~72 person ➡ No reservation required

Mosaic Glass Crafting

Fee: ¥1,500

🕒 30 min ~ 🧑 ~71 person ➡ No reservation required

※Please inquire on days available ahead.

📞 0867-66-3600

<http://www.hkcenter.co.jp/>**Mahora Farm Tsuyama City****Grape picking (Pione) 1 bunch to take home**

Fee: ¥1,800 (3 to 9-year olds ¥1,200)

🕒 1 hour 🧑 ~100 person ➡ Reservation required

※Schedule: End of August through-September

📞 080-6335-6540

<http://mahora.e-tsuyama.com/>**Okayama Farmers Market North Village Shoo Town****Ice cream making, butter making**

Fee: ¥1,080

🕒 60~90 min 🧑 ~50 person

➡ Reservation required (1 day in advance, same day based on availability)

※Egg allergies accommodated with 2 days advance reservation. Bread and sherbet making also available.

Crafting Experience

Fee: ¥500~

🕒 20~30 min 🧑 ~25 person ➡ Reservation required (same day)

Pottery Experience

Fee: ¥1,500

🕒 1 hour ~ 🧑 ~20 person ➡ Reservation required for groups 10 or more

※Schedule: Held on the second Sunday of every month

Horse Riding Experience

Fee: ¥1,000~

🕒 5 min ~ 🧑 ~20 person ➡ No reservation required

※Free accessory rental

📞 0868-38-1234

<http://www.alis-nv.com/>**Wood Art-Toy Works Kosuke Nagi Town****Jigsaw Experience**

Fee: ¥500

🕒 10 min 🧑 ~6 person ➡ No reservation required

※8 years and older

Jewelry Box Crafting

Fee: ¥3,000

🕒 2 hours 🧑 ~6 person ➡ Reservation required (1 day in advance)

※Junior high to Adults.

📞 090-7992-2027

<https://www4.hp-ez.com/hp/www/page1/>**Genryu no Sato Ute Mimasaka City****Amago Trout Catching**

Fee: 1 kg ¥3,000

🕒 No time limit 🧑 ~30 person ➡ No reservation required

※Schedule: From April to September

📞 0868-77-2071

<http://www.city.mimasaka.lg.jp/kanko/miruasobu/kankosisetu/1507184004265.html>**Toyomoto Glass Workshop Maniwa City****Glass Beads**

Fee: ¥2,940 ~ ¥3,570

🕒 30~40 min 🧑 ~6 person ➡ Reservation required (1 day in advance)

📞 090-4655-6392

<http://www1.odn.ne.jp/glass-toyomoto/>**Sakushu Kasuri Preservation Society Tsuyama City****Sakushu Kasuri Cloth Button Making**

Fee: ¥200~¥500

🕒 20~30 min 🧑 2~30 person ➡ Reservations required for groups 5 or more

📞 0868-23-0811

<http://plus.harenet.ne.jp/~kasuri/>**Yamada Bee Farm Kagamino Town****Strawberry Picking**

Fee: 1/5 to 3/31 ¥2,160 (Elementary school ¥1,750, Preschool ¥1,130)

4/1 - Late May (planned) ¥1,940 (Elementary school ¥1,570, Preschool ¥1,010)

🕒 30 min 🧑 Consultation required ➡ Reservation required (1 day in advance)

※Schedule: 1/5 to Late May (subject to change) ※Bulk purchase plan (self-picked strawberries (tax included), no time limit) available. (Reservation required)

Blueberry Picking

Fee: ¥1,030 (Elementary school ¥520 Preschool free)

🕒 30 min 🧑 Consultation required ➡ Reservation required (1 day in advance)

※Schedule: Late July to late August

Note: Availability based on harvest conditions

Beeswax Candle Making

2 candle course ¥520, 3 candle course ¥1,030

🕒 2 candle course 30 min, 3 candle course 60 min

🧑 2 ~ 40 person (Consultation required)

➡ Reservation required (1 day in advance) ※Take home your candle.

📞 0868-54-5515

<https://www.mitsubachi-nouen.com/>**Kobayashi Houkouen Mimasaka City****Roasted Green Tea Packing**

Fee: ¥540

🕒 10~15 min 🧑 5~100 person ➡ Reservation required (1 week in advance)

※Held at the factory. 2156-1 Kose, Mimasaka City

📞 0868-72-0350

<http://www.ocha-mimasaka.com/>**Shinjo Village Forest Therapy Association Shinjo Village****Nordic walking**

Fee: ¥1,500 (Elementary school ¥500, Preschool Free)

Nordic walking poles rental (1 pair) ¥500

🕒 2 hours 🧑 2~15 person ➡ Reservation required (1 week in advance)

※Schedule: Closed in Winter. Packed lunch available for ¥1,000

※Doyo Dam course recommended for Nordic walking.

Snowshoe Trekking

Fee: ¥1,500 (Elementary school ¥500, Preschool Free)

Snowshoe rental (1 pair) ¥500

🕒 120~150 min 🧑 ~20 person ➡ Reservation required (1 week in advance)

※Schedule: Saturdays & Sundays in Winter (Based on guide availability)

📞 0867-56-2628

<http://www.yurikagonokomichi.jp/>**Tsuyama Kimono School Shoo Town****Izumo Road stroll in a kimono**

Fee: ¥7,000

🕒 2 hours 🧑 ~10 person ➡ Reservation required (1 day in advance)

※Socks are required. Socks provided from ¥2,500.

Kimono dressing & rental, and lunch fee is included.

📞 090-1013-4703

<http://soubijuku.jp/>**Hiruzen Tour Desk Maniwa City****Giant tree tour (Primordial beech tree forest walk)**

Fee: ¥5,000~

🕒 4~6 hours 🧑 2~60 person ➡ Reservation required (by 23:00 two days in advance)

※Schedule: April to November ※See critically endangered

Calanthe tricarinata orchids from mid to the end of May.

Snowshoe Trekking (including Night Snowshoe Trekking)

Fee: ¥3,000 ~ ¥5,000

🕒 3~6 hours 🧑 2~45 person

➡ Reservation required (by 23:00 two days in advance)

※Schedule: January to April : Waterfall trek, Tsuguo

Highland night snowshoe trek, Mt.trek, Mt. Mihira snowshoe

climb, Mt. Karasugasen snowshoe climb, etc.

※Note: Snowshoe, ski pole & headlight rental fee required

Mountain Climbing

Fee: ¥3,000 ~ ¥8,000

🕒 2 hours 30 min ~ 8 hours 🧑 2~40 person

➡ Reservation required (by 23:00 two days in advance)

※Schedule: April to November ※Note: Hiking pole and

headlight rental fee required.

📞 0867-67-2148

<https://hiruzenyamaasobi.okoshi-yasu.com/>**Hiruzen Highlands Cultivate-Garden Maniwa City****Smoothie making with freshly picked blueberries**

Fee: ¥500

🕒 No time limit 🧑 Up to groups of 50 / per hour

➡ Reservation required (1 day in advance)

※Schedule: Late June to mid-September

📞 090-1682-3087

<https://cultivategarden201.wixsite.com/cultivate-garden/>**Yoseinomori Glass Museum Kagamino Town****Router experience, sandblasting experience**

Fee: ¥1,050

🕒 1 piece 60 min 🧑 Max 6 people for one session (max 10

people for router experience) ➡ Reservations prioritized

※Schedule: Saturdays, Sundays, public holidays

※Participation without reservation based on availability.

📞 0868-44-7888

<https://fairywood.jp/>**Green Service Fukuyama Mimasaka City****Pizza Making**

Fee: For groups of 5 ¥1,000

(Discounts available for large groups, Ex. 10 or more ¥750)

🕒 2 hours 🧑 5~40 person ➡ Reservation required (1 week in advance)

📞 0868-75-7126

<https://qq974h29.wixsite.com/yamanogakkou/>

🕒 Activity Time (Approx) 🧑 Participants ➡ Reservation

Mimasaka Region